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MEDIA RELEASE

July 21, Help Mission Kids Get Books & Meet Author Sheryl Giesbrecht

Residents of Recovery Home for Women and Children will benefit from sales



For the past several years, women in the Mission at Kern County have overcome every sort of loss and grief with help from Sheryl Giesbrecht's weekly *GriefShare* and *Freedom In Christ* training. And in May, women with children got an extra boost from the Mission--their own housing in the [Lee & Krystyna Jamieson Recovery Home for Women & Children](#). Now Sheryl hopes to stock the Recovery Home with children's books.

On Saturday, July 21, in partnership with Barnes & Noble, 4001 California Avenue in Bakersfield, all books purchased with a mention of the Mission's Home for Women & Children will have a percentage donated to children's books for the home. Purchased children's books may also be directly donated. Beginning at 6:00pm, Sheryl will be on hand to meet book-fair participants and to sign copies of her most-recent hope-filled book, *It'll Be Okay: Finding God When Doubt Hides the Truth*.

In this latest book, Sheryl encourages readers not to be afraid to doubt. It's hard to keep praying or walking forward in faith when we don't get answers or see God's guiding hand. Difficult times often cloud our perspective. Does God see me? Does God hear me? Does God care? Christians are afraid to admit to having doubts—even to themselves—because they confuse doubt with unbelief.

"If "doubting God" is your guilty secret, reading *It'll Be Okay* will slay the guilt as you discover how God wants to use your doubt as a pathway to deeper faith," writes Connie Cavanaugh, speaker and author of *From Faking It to Finding Grace: Discovering God Again When Your Faith Runs Dry*.

Learn more about more about *It'll Be Okay: Finding God When Doubt Hides the Truth* and Sheryl Giesbrecht at www.SherylGiesbrecht.com.

About the author



Exchanging hurt for hope is Sheryl Giesbrecht's focus—a message she shares with audiences as a radio personality, author, speaker and global influencer. A dynamic teacher and motivating leader, she has endured many changes and challenges, moving her to a deep faith, trust and dependence on God.

Giesbrecht served as Focus on the Family's columnist for Pastor's Wives for four years. Hundreds of her columns and articles have appeared in numerous publications, *Focus on the Family Magazine*, *Just Between Us*, *CCM*, *Walk Thru the Bible*, *Indeed*, *Spirit-Led Woman*, *Charisma*, *Lead Like Jesus* and others. She is the author of four books, including *Get Back Up: Trusting God When Life Knocks You Down*, *Experiencing God Through His Names* and *It'll Be Okay: Finding God When Doubt Hides the Truth*.

Giesbrecht's television and radio show, "Transformed through Truth," is nationally syndicated, viewed and heard daily by viewers and listeners on networks around the world. The joys of Giesbrecht's life are her adult

children, their spouses and her grandchildren, plus the new beginning she shares in her marriage to Dr. Jim Turner. She holds a bachelor of arts from Biola University, a master's in ministry and a doctorate of theology.

Suggested interview questions

- You've been a volunteer with the Mission of Kern County for many years, how long?
- What does this volunteering involve?
- What is the goal for children's books to give to the Mission's Women & Children's Home?
- You have a passion for helping women through difficulty. Can you explain why?
- What is the #1 weapon to use against doubt and fear (identity in Christ)?
- What do you recommend to do when life engulfs you (how to push through the fog of doubt)?
- Can you share a true story about Mother Theresa's doubt, and what we can learn from her life?
- How can we boldly confront our fears and doubts—with God, but without shame or inhibition?
- What do you suggest we do when the answers won't come?
- How do you handle your Moses moments—times when you are sure God's chosen the wrong spokesperson?
- How can we view doubt as a friend vs. foe?
- What can we make of life's most confusing circumstances, even in the midst of the chaos?
- Is there anything else you would like our viewers or listeners to know?

Keep up with Sheryl Giesbrecht at sherylgiesbrecht.com and fromashestobeautey.com, on Facebook (AuthorSherylGiesbrecht) and via Twitter (@SGiesbrecht), Instagram (sherylgiesbrecht), Pinterest (Sheryl Giesbrecht), LinkedIn (Sheryl Giesbrecht).

To request a review copy of *It'll Be Okay*, to schedule an interview with Sheryl Giesbrecht, or for more information, please contact Merleen Johnson, merleen.johnson@gmail.com.